

The Benefits of Aquatic Therapy:



**Unload the body • Decrease joint and muscle stress • Reduce pain
Promote early movement • Improve cardiovascular conditioning
Increase strength • Normalize biomechanics with video analysis**

Ideal For:

- Post –surgery
- Spine and Extremity injuries
- Work injuries
- Arthritis
- Cardiovascular conditioning

How is Biosport's Hydroworx Pool different?

- The State-of-the-Art underwater variable speed treadmill allows patients to walk, jog, run in multiple directions and speeds.
- Massage hose therapy jets manipulate scar tissue, strip out lactic acid, massage deep muscle tissue and facilitate in pain management.
- Video analysis with underwater cameras enhances biomechanics, biofeedback, and functional movement.



Biosports
PHYSICAL THERAPY

**18 North Worthen
Wenatchee
(509) 665-3156**